

The human-animal bond increases our well-being and helps us cope during challenging life transitions.



Wellness Alley
Path to wellness

Pet Support Group

Have you recently lost a pet?

Do you have a pet who has chronic health issues and having a hard time coping with increased demands?

Do you anticipate the loss of a beloved pet?

These situations can be devastating. This group will support you in a safe, non-judgmental environment to help you regain peace in your life.

Support groups will be held at:

Breath Of Life

**7700 Clayton Rd, Suite 319
Richmond Heights, MO 63117**

**2nd Monday
of month
6:30–8:00 p.m.**

**4th Sunday
of month
1:00–2:30 p.m.**

Cost: \$20 per person for 1½ hour group

Please call 314.899.7140 to RSVP and confirm the group will meet as scheduled.

Individual counseling is available upon request.
Some insurances accepted if appropriate.



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